



Lohmann & Rauscher

ReadyWrap™ Application Guide



ReadyWrap™
Adjustable compression
garments for patients
with venous and
lymphatic diseases.

Thank you for choosing ReadyWrap™

ReadyWrap is a low-stretch adjustable compression wrap designed for self-management of indicated conditions.

Care Instructions

Washing

- Hand wash in warm water with mild detergent
- Rinse thoroughly in warm water
- Do not use fabric softener or bleach
- Do not dry clean

Drying

- Lay on a towel and squeeze your ReadyWrap to remove excess water
- Be sure that the VELCRO® brand fasteners do not contact your towel
- Lay flat on a dry towel to finish drying
- Do not iron



Application of Lower Limb ReadyWrap garments

Many prefer to apply their lower extremity ReadyWrap garment whilst sitting in a chair or standing, particularly if the garments are being applied by a clinician or carer. Another option is to apply your garments while 'long' sitting (with legs stretched out in front). If applying full leg coverage, please fit the ReadyWrap Knee garment last so that it can easily be adjusted.

We encourage you to find a method which works best for you.

ReadyWrap Liner

For comfort and protection each ReadyWrap lower limb garment (excluding ReadyWrap Toe) is supplied with a ReadyWrap Liner. ReadyWrap Liners;

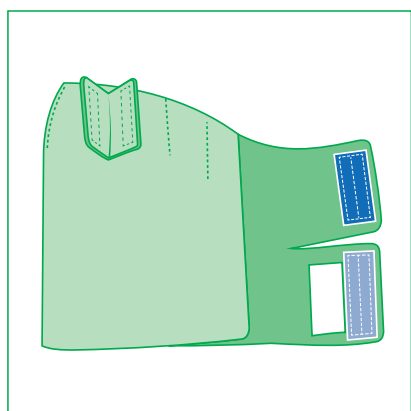
- are designed to be used under ReadyWrap garments to protect the skin and for patient comfort
- provide no therapeutic compression.

Instructions For Use (IFU)

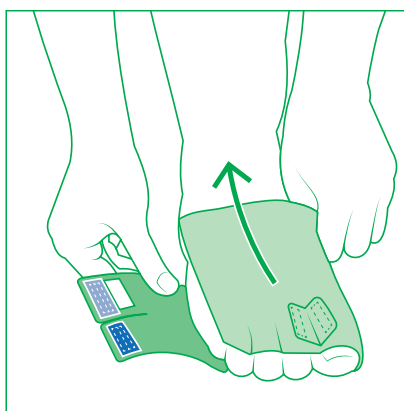
Please refer to the IFU leaflet included with all ReadyWrap garments for full instructions, including indications, intended uses, precautions, care and warranty information.

ReadyWrap Toe

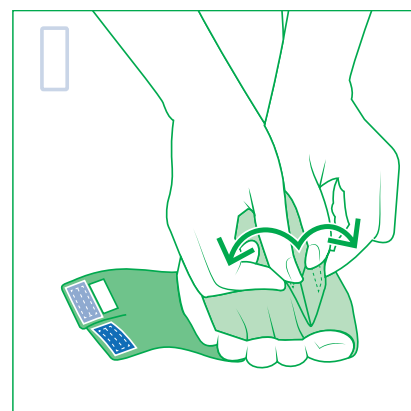
- ReadyWrap Toe garments are left/right-specific.
- ReadyWrap Liners cannot be worn with Toe garments due to the individual toe spacers.
- For correct application follow the colour-coded Velcro® pattern as shown below



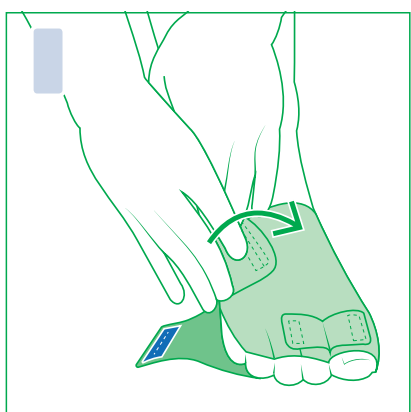
1 Unfasten all garment straps.



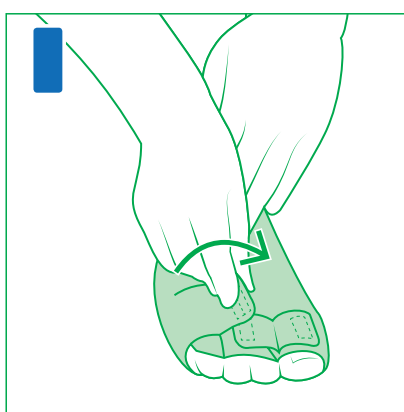
2 Slide onto your foot aligning the toes in the toe spacers.



3 Pull the two toe straps with white hook at full stretch simultaneously in opposing directions and fasten to the top of the garment.



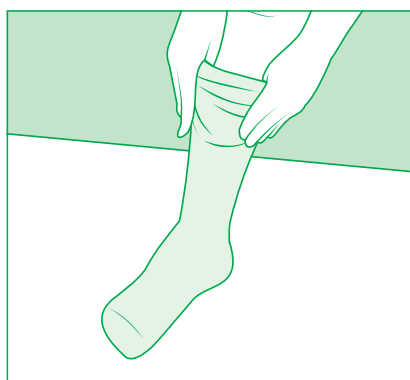
4 Pull the strap with light blue hook at full stretch and fasten it to the top of the garment.



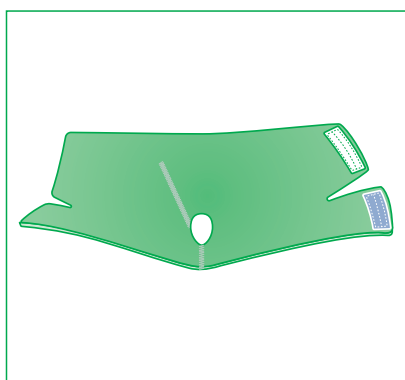
5 Pull the strap with dark blue hook at full stretch and fasten it to the top of the garment.

ReadyWrap Foot

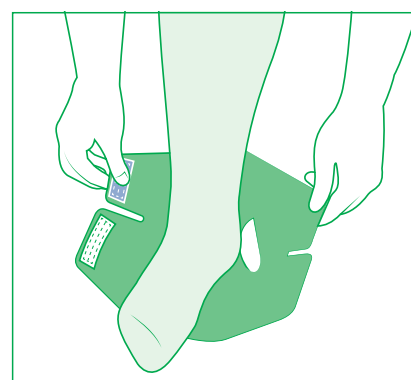
- ReadyWrap Foot garments are left/right-specific.
- For correct application follow the colour-coded Velcro® pattern as shown below



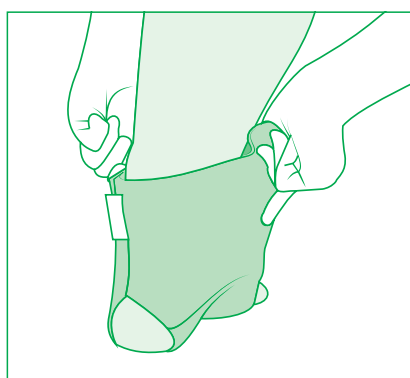
- 1** Slide the ReadyWrap Liner onto your leg.



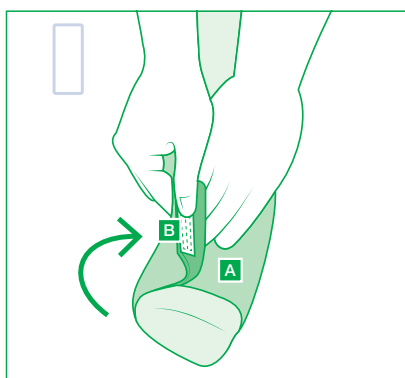
- 2** Unfasten all garment straps.



- 3** Align the garment onto your foot so the strap with white hook is nearest to toes and the strap with light blue hook is at your ankle.



- 4** Place heel into the heel opening. (Garment tag should be above your heel on the garment's exterior.)



- 5** Place the strap closest to toes without the hook **A** against the top of your foot. While holding that strap down, pull the opposite strap with white hook **B** over top at full stretch and fasten to the top of the garment.



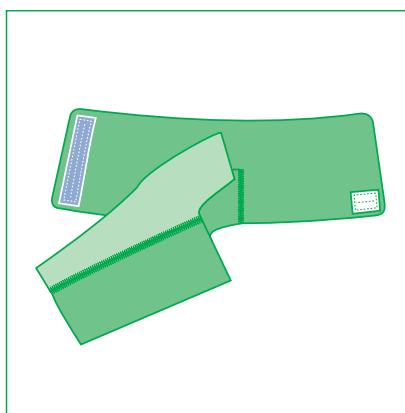
- 6** Place the ankle strap without the hook **C** against your ankle. While holding that strap down, pull the strap with light blue hook **D** over top at full stretch and fasten to the top of the garment.

ReadyWrap Foot SL

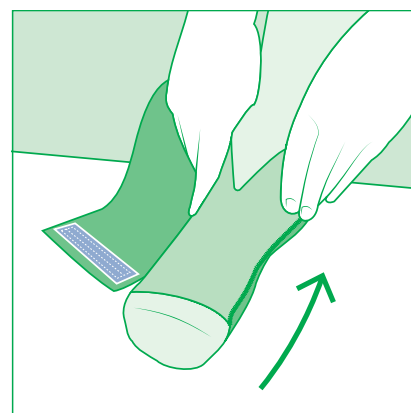
- ReadyWrap Foot SL garments are left/right-specific.
- For correct application follow the colour-coded Velcro® pattern as shown below



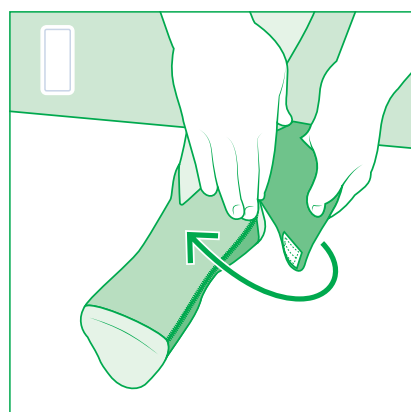
- 1** Slide the ReadyWrap Liner onto your foot and pull it up the leg.



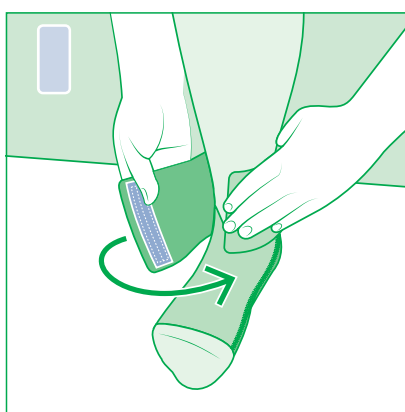
- 2** Unfasten all garment straps.



- 3** Slide the garment onto your foot with the hook receptive side on top.



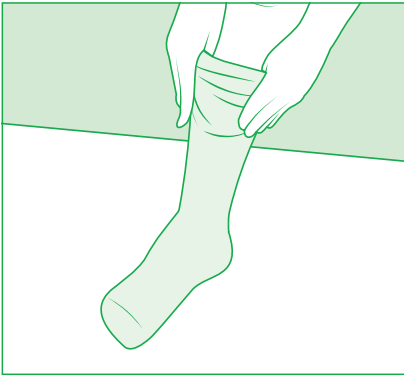
- 4** Pull the strap with the white hook at full stretch around the back and fasten it to the side or top of the garment based on fit and comfort.



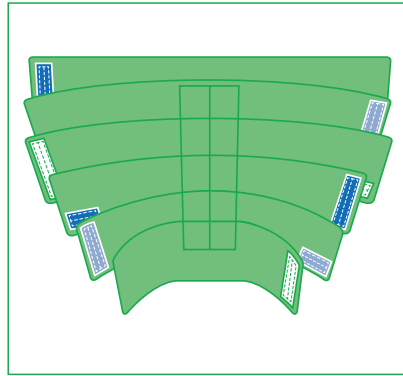
- 5** Pull the strap with the light blue hook at full stretch around the front and fasten it to the garment at a downward angle or aligned with the strap below based on fit and full coverage.

ReadyWrap Calf

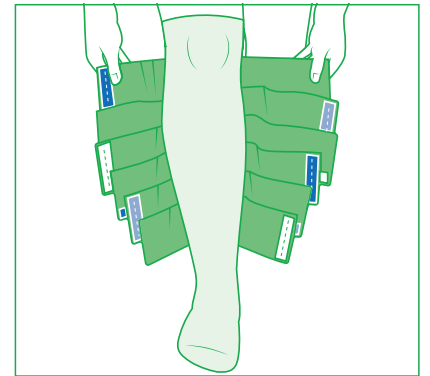
- For correct application follow the colour-coded Velcro® pattern as shown below



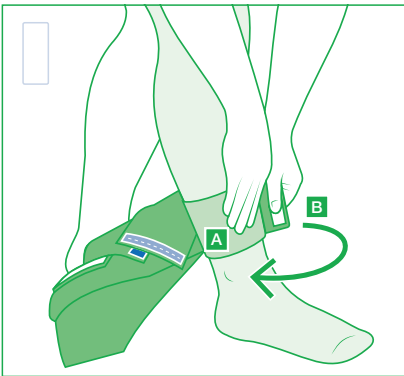
- Slide the ReadyWrap Liner onto your leg.



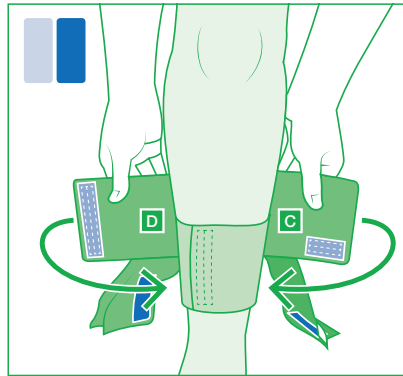
- Unfasten all garment straps.



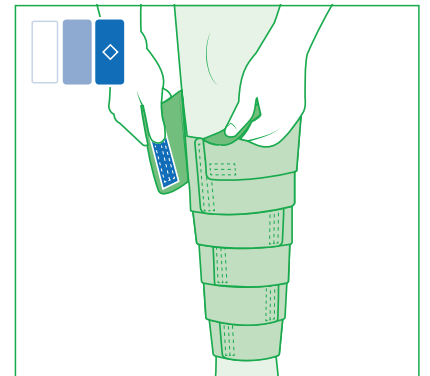
- Align the spine at back of calf with the hook side facing your calf.



- Hold the shortest strap set in opposing hands just above the heel, and place the strap without hook **A** on the front of your leg about 2–3 cm above your ankle bone. While holding that strap down, pull the opposing strap with the long vertical white hook **B** at full stretch and fasten it directly on top of the strap below. (Strap set 1)



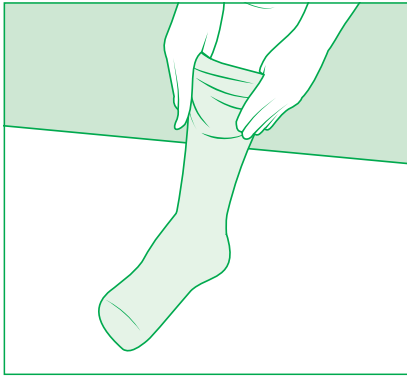
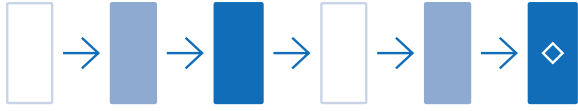
- Fasten the next set of straps by applying the strap with the short horizontal light blue hook **C** at a full stretch onto the straps below. Next, pull the opposing strap with the long vertical light blue hook **D** at full stretch and fasten it directly on top of the strap below. (Strap set 2)



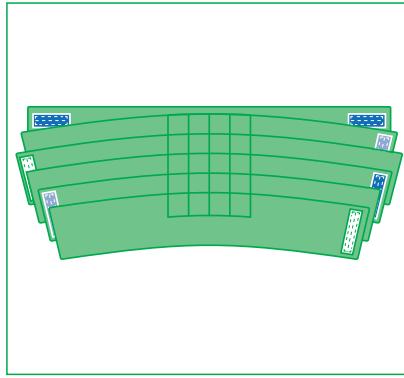
- Fasten the remaining straps in sequence using the same process until all straps are in place.
 - Average length calf garments have 5 strap sets.
 - Tall length calf garments have 6 strap sets.

ReadyWrap Thigh

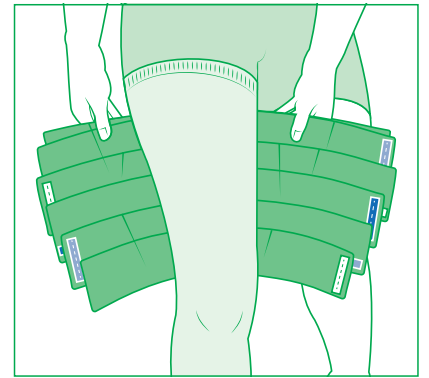
- For correct application follow the colour-coded Velcro® pattern as shown below



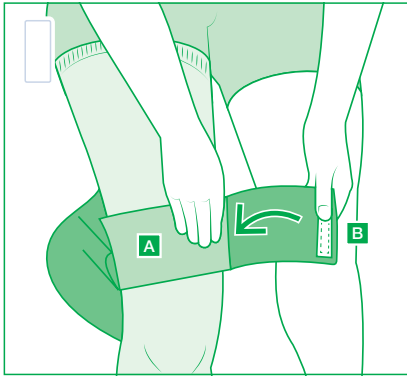
- Slide the ReadyWrap Liner onto your leg.



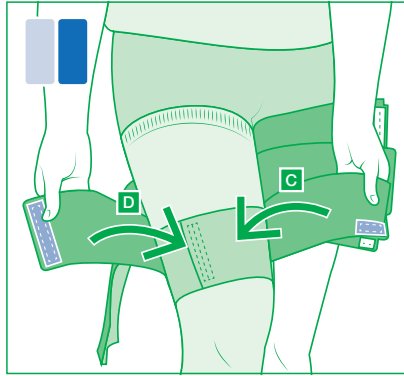
- Unfasten all garment straps.



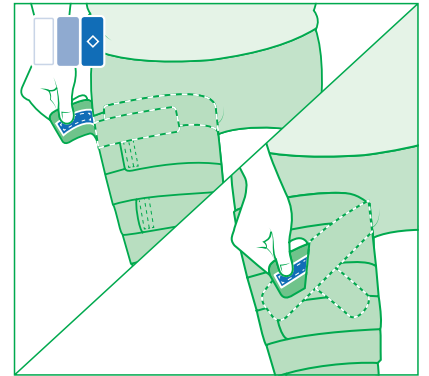
- Align the spine on the back of the thigh with the hook side facing your thigh.



- Hold the shortest set of straps in opposing hands just above the knee and place the strap without hook **A** on the front of your thigh about 5 cm above your knee. While holding that strap down, pull the opposing strap with the white hook **B** at full stretch and fasten it directly on top of the strap below.



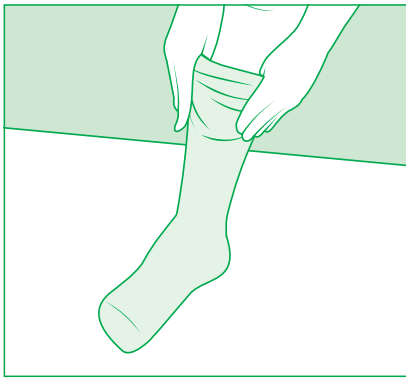
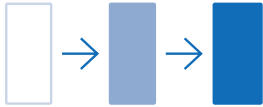
- Fasten the next set of straps by applying the strap with the short horizontal light blue hook **C** at full stretch onto the straps below. Next, pull the opposing strap with the long vertical light blue hook **D** at full stretch and fasten it directly on top of the strap below.



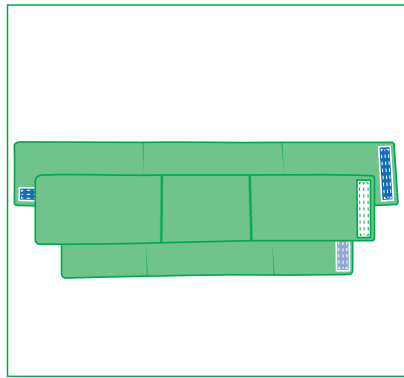
- Fasten the remaining straps in sequence using the same process until all straps are in place. Fasten the final narrow straps in either order based on thigh shape and preference:
 - For "Straight-Shape" thighs, fasten them on top using same process as above.
 - For "V-Shape" thighs, fasten them in a "V" or "cross" design.
 - Average length thigh garments have 5 strap sets. Tall length thigh garments have 6 strap sets.

ReadyWrap Knee

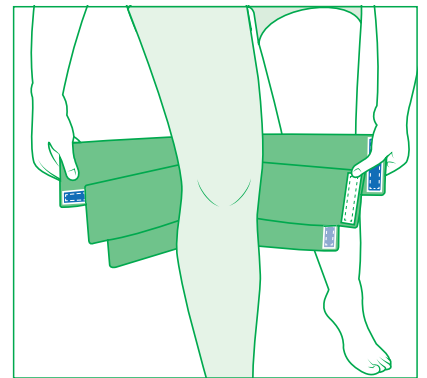
- If applying full leg coverage, please fit the ReadyWrap Knee garment last so that it can easily be adjusted.
- For correct application follow the colour-coded Velcro® pattern as shown below



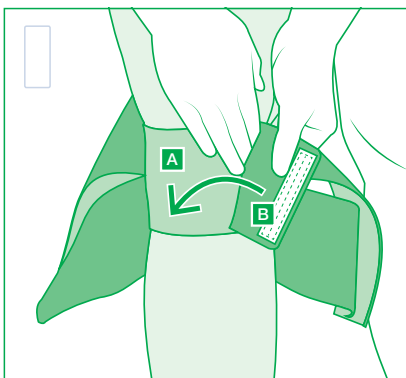
1 Slide the ReadyWrap Liner onto your leg.



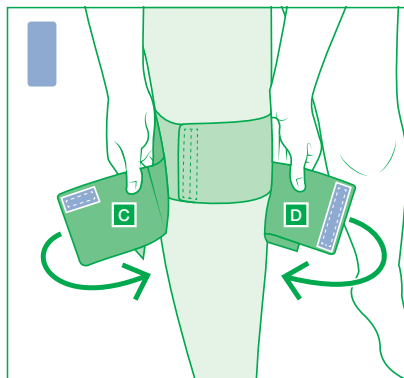
2 Unfasten all garment straps.



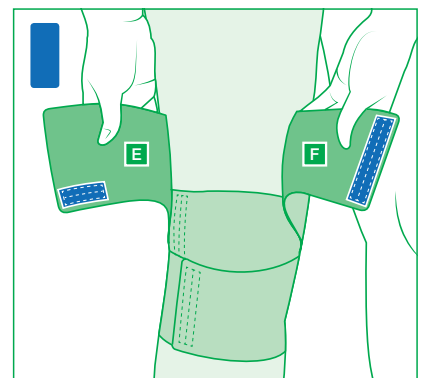
3 Align the middle strap set at back of knee with hook sidefacing toward your knee.



4 Place and hold the middle strap without hook **A** directly over your knee. Pull the opposing strap with white hook **B** at full stretch and fasten it directly on top of the strap below.
(Strap set 1)



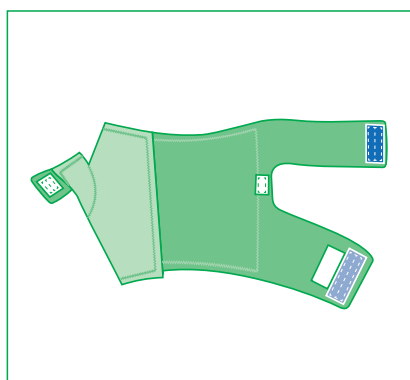
5 Fasten the strap set with the short horizontal light blue hook **C** below the knee at full stretch and fasten to the straps below. Next, pull the opposing strap with the long vertical light blue hook **D** at full stretch and fasten it directly on top of the strap below.
(Strap set 2)



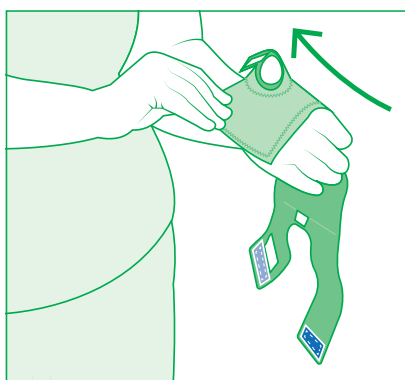
6 Fasten the strap set with dark blue hook **E** & **F** above the knee using the same process.
(Strap set 3)

ReadyWrap Gauntlet

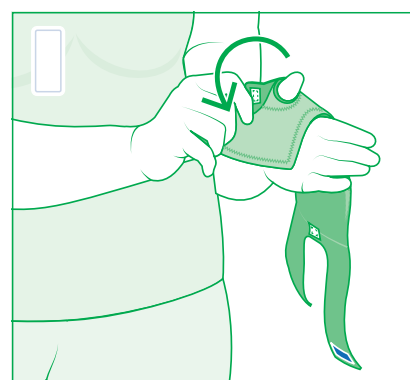
- ReadyWrap Gauntlet garments are left/right-specific.
- When applying in combination with ReadyWrap Arm, apply the arm garment first.
- For correct application follow the colour-coded Velcro® pattern as shown below



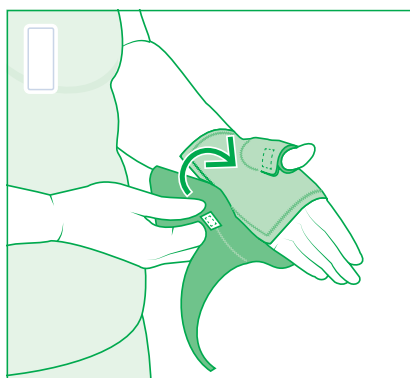
1 Unfasten all garment straps.



2 Slide your hand into the gauntlet with your thumb in thumb space and palm facing away from the garment.



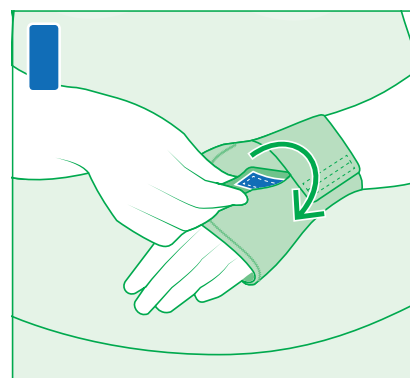
3 Fasten the small thumb strap with white hook.



4 Fasten the small strap with the white hook on the palm of the hand to close the garment.



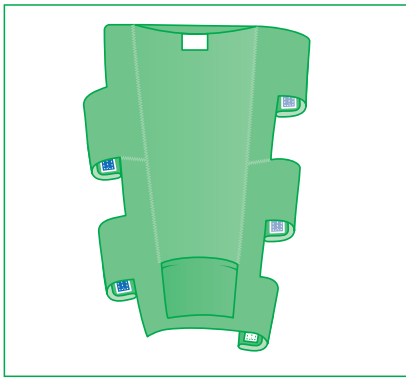
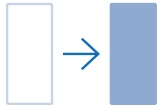
5 Pull the strap with the light blue hook at full stretch ensuring it is aligned with the opposing side of the gauntlet and fasten it on the garment.



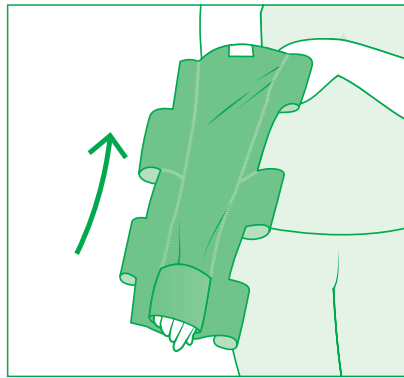
6 Pull the strap with the dark blue hook at full stretch and fasten it on the garment.

ReadyWrap Arm

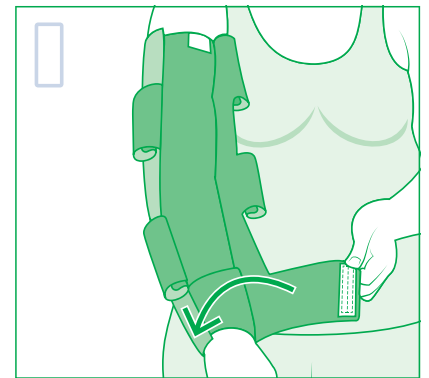
- ReadyWrap Foot garments are left/right-specific.
- When applying in combination with ReadyWrap Gauntlet, apply the arm garment first.
- For correct application follow the colour-coded Velcro® pattern as shown below



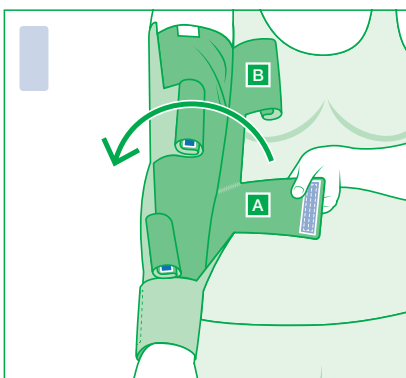
- 1** Unfasten and roll back all garment straps.



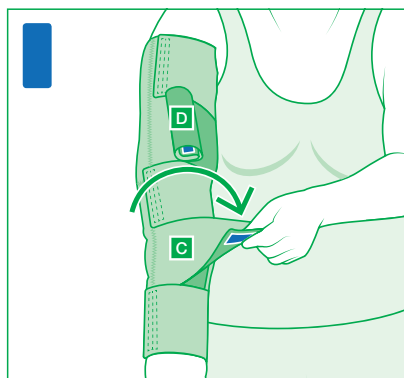
- 2** Slide your arm into the built-in liner through the wide end (with garment tag) until it is properly aligned from the wrist to upper arm.



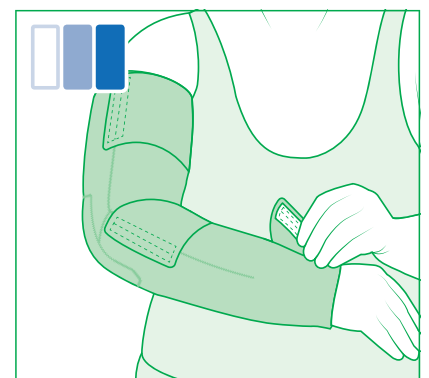
- 3** Pull the strap at the wrist with the white hook and lightly fasten it to the exterior of the garment on the opposing side.



- 4** Pull the next two straps with the light blue hook at the forearm **A** and upper arm **B** one at a time and lightly fasten them to the exterior of the garment on the opposing side.



- 5** Pull the final two straps with the dark blue hook **C** & **D** one at a time and lightly fasten them to the exterior of the garment on the opposing side.

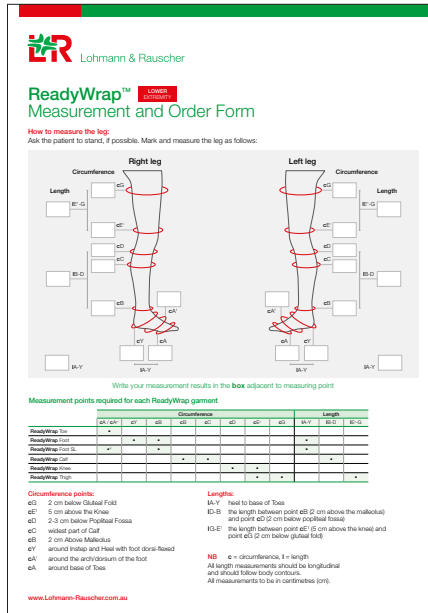


- 6** Re-adjust each strap by pulling them at a full stretch and fastening them securely to the exterior of the garment; beginning with the wrist, then continuing sequentially up the arm.

Helpful Hint

When using ReadyWrap arm and ReadyWrap gauntlet in combination, apply the arm unit first.

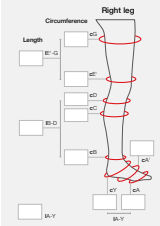
Contact your ReadyWrap distributor for Measurement and Order Forms



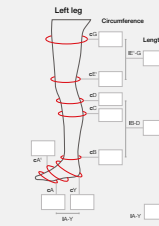
ReadyWrap™ LOWEST COST
Measurement and Order Form

How to measure the leg:
Ask the patient to stand, if possible. Mark and measure the leg as follows:

Right leg



Left leg



Write your measurement results in the box adjacent to measuring point

Measurement points required for each ReadyWrap garment

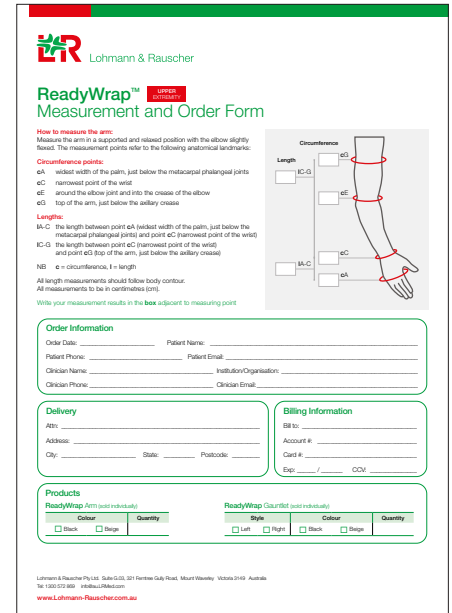
	Right Leg	Left Leg	Right Leg	Left Leg	Right Leg	Left Leg
	ea	eb	ec	ed	el	em
ReadyWrap Toe	*	*	*	*	*	*
ReadyWrap Heel	*	*	*	*	*	*
ReadyWrap Calf	*	*	*	*	*	*
ReadyWrap Ankle	*	*	*	*	*	*
ReadyWrap Thigh						

Circumference points:
 ea - 2 cm below Gluteal Fold
 eb - 5 cm above the Knee
 ec - 2-3 cm below Popliteal Fossa
 ed - widest part of Calf
 el - 2 cm Above Malleolus
 em - around instep and heel with foot dorsiflexed

Lengths:
 la-y - Heel to base of Toes
 lb-b - the length between point eb (5 cm above the malleolus) and point ed (2 cm below popliteal fossa)
 lc-l - the length between point ee (5 cm above the knee) and point ed (2 cm below gluteal fold)

NB: e - circumference, l - length
 All length measurements should be longitudinal and should follow body contours.
 All measurements to be in centimetres (cm).

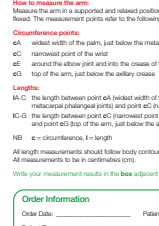
www.Lohmann-Rauscher.com.au



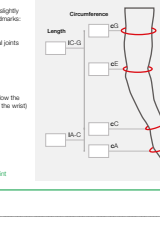
ReadyWrap™ LOWEST COST
Measurement and Order Form

How to measure the arm:
Measure the arm in a supported and relaxed position with the elbow slightly flexed. The measurement points refer to the following anatomical landmarks:

Right arm



Left arm



Write your measurement results in the box adjacent to measuring point

Order Information

Order Date: _____ Patient Name: _____
 Patient Phone: _____ Patient Email: _____
 Clinician Name: _____ Institution/Organisation: _____
 Clinician Phone: _____ Clinician Email: _____

Delivery

Attn: _____
 Address: _____
 City: _____ State: _____ Postcode: _____

Billing Information

Account #: _____
 Card #: _____
 Exp: ____/____ COV: _____

Products

ReadyWrap Arm (with instep/heel)	Colour	Quantity	ReadyWrap Gauze/Sit (over instep/heel)	Style	Colour	Quantity
<input type="checkbox"/>	Black <input type="checkbox"/> Beige <input type="checkbox"/>		<input type="checkbox"/>	Left <input type="checkbox"/> Right <input type="checkbox"/>	Black <input type="checkbox"/> Beige <input type="checkbox"/>	

Lohmann & Rauscher Pty Ltd · Suite 503, 301 Ferntree Gully Road, Mount Waverley, Victoria 3149, Australia
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To discover more about ReadyWrap™ and additional resources, visit www.SupportforLife.com

